

Proven Results



INCREASED

Feelings of:

- IDENTITY -----> 78%
- Self-Worth -----> 55%
- Faith -----> 67%
- PURPOSE -----> 85%
- Positive Attitude -----> 47%
- Self-Confidence -----> 67%

Ability to:

- Develop Deep Friendships -----> 68%
- Be Vulnerable & Authentic -----> 83%
- Act as a Serving Leader -----> 35%

DECREASED

Feelings of:

- Depression -----> 55%
- Anger -----> 55%
- Unforgiveness -----> 50%
- Anxiety -----> 53%
- Loneliness -----> 58%
- Being a Victim -----> 64%
- Resistance -----> 44%
- Self-Centeredness ----> 41%

